

REGISTRATION FORM

NOTE: ALL riders must wear a helmet. Cyclists under 18 must be accompanied by an adult. Make sure your bicycle is in safe operating condition. Vehicles will patrol the route to provide emergency assistance.

Printed Name _____ Date of Birth _____

Home Address _____

City _____ State _____ ZIP _____

Day Phone _____ Evening Phone _____

Email Address _____

Pre-Registration fee for the 2011 Ride for the RED is \$15.00 per rider.

Day of event registration fee is \$20.00

(Kids 12 and under ride FREE)

Checks made payable to the American Red Cross

In the event of an emergency, please contact

Name _____ Relationship to rider _____ Phone _____

RIDE WAIVER AGREEMENT

A completed signed form must be submitted prior to ride.

By signing this agreement, I agree to hold harmless the American Red Cross and sponsors of the 2011 Ride for the RED for any injury, damage, harm or loss. I understand that bicycling can be dangerous and that there are risks associated with my participation in this event. I am also stating that my physical condition is adequate to handle the physical demand that this ride may require. I will abide by ALL rules of the road and the ride, and will hold no sponsors or organizers responsible for my actions. In addition, I give the organizers and sponsors permission to use my name and/or photo in promotional and event material. Finally, I understand that by signing this waiver, I am agreeing to pay a minimum of a \$15.00 registration fee to the American Red Cross.

All riders under the age of 18 must have a legal guardian sign the release and shall be accompanied by an adult who is at least 21 years old. I certify that I have read and understand the contents of this document that I am signing.

Signature of Participant _____ Date _____

Parent/Guardian signature (if rider is under 18 years of age) _____

Mail completed registration form, fee and waiver to:

American Red Cross
318 Washington Street
Frankfort, KY 40601

Phone: (502) 223-1795 Fax: (502) 223-8380

www.redcrossfrankfort.org

Email: paula.rutledge@redcrossfrankfort.org



**R
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100% of proceeds benefit



American Red Cross

Franklin County Chapter

Saturday July 30, 2011

Rain or Shine



Sponsors



Geoff Greenawalt
Attorney at Law

**LOGAN, GAINES,
BURCH & FOX**
Attorneys at Law

Ride Route

You have three distance options:

- **10 Mile Riverside Route:** Turn LEFT out of Addie's & ride 5 miles to Coffee Tree Rd at the top of the nice big hill on Glenn's Creek Rd. Turn around and coast back down the hill and ride back to Addie's. (Turn around at about 4.5 miles and skip the big hill if you choose.) This route offers a beautiful route next to Glenn's Creek and the Kentucky River with some fairly flat terrain and some rolling hills thrown in to keep it interesting. Of course along this route is the castle-like structure of the Old Taylor distillery.
- **18 Mile Versailles Route:** Turn RIGHT out of Addie's & ride 9 miles to Versailles. This is a more challenging route with rolling hills and one nice big that you get to climb both going and coming. Ride along next to the creek much of the first 6 miles, past Woodford Reserve distillery, then alongside some beautiful horse farms as you near Versailles. Stop at the water only rest stop, then turn around and ride back to Addie's.
- **28 Mile Combined Route:** Turn LEFT out of Addie's and do the 10 mile route described above. Cruise on past Addie's (or stop for refreshments) and do the 18 mile route described above.
- ALL ROUTES: Please plan to be back at Addie's at 11 a.m.

FUNDRAISING: Some riders pay a registration fee and choose not to ask for sponsorship-that's OK! Other riders ask family, friends and co-workers to sponsor them to raise additional donations for the Red Cross. After all, if you're doing the pedal-pushing, surely they will want to support you and pitch in for the cause! Donations should be collected prior to the ride and turned in by the day of the ride. Riders turning in \$50 or more in donations will receive a FREE Red Cross T-Shirt!

Ride Schedule

8:00 am—Registration and map pick-up

9:00 am—Official Start—2011 RIDE for the RED

11:00 am—All Riders Back at Addie's

Registration Includes The Following:

- ◆ Emergency Rider Assistance
- ◆ Rest Stops and Refreshments
- ◆ Bicycle Mechanic Services

Ride for the RED is a family-friendly fundraising event for the Franklin County Chapter of the American Red Cross. It is an opportunity for all levels of cyclists on all types of bicycles to have fun and raise money for our local Red Cross Chapter.

This year's ride starts and ends at Addie's Creekside Café in Millville. Registration does not include food from Addie's, but they will be open for breakfast and lunch for riders, volunteers, and anyone else who is interested. The address is 5711 McCracken Pike. Restrooms and parking will be available at Addie's, as well as additional parking just down the road at Millville Baptist Church. Registration is at the back of the parking lot behind the restaurant.

Free blood pressure checks and free neck & shoulder massages will be available to all who attend.

DIRECTIONS

FROM FRANKFORT:

On US 60 (Versailles Road) go .2 miles past I-64 overpass, turn RIGHT onto 1681 West (Duncan Rd.) Go 2.4 miles, turn LEFT onto 1659 (McCracken Pike). Go .6 miles on McCracken Pike to Addie's Creekside Café (on RIGHT)

FROM VERSAILLES:

On US 60 (Versailles Road) turn LEFT onto 1681 West (Duncan Rd.) Go 2.4 miles, turn LEFT onto 1659 (McCracken Pike). Go .6 miles on McCracken Pike to Addie's Creekside Café (on RIGHT)

Please Park in the lot beside and behind Addie's... leave the spots in front of the door for restaurant customers. THANKS!

THIS IS NOT A RACE. Ride for the RED is recreational ride for all levels of riders and all types of bicycles. Come Join Us!